

## **Guidelines for preventing infection by SARS-CoV-2 (coronavirus) in acupuncture clinic in Japan**

1. Practitioners must measure their body temperature every day. If they have low-grade fever or cold-like symptoms such as cough or nasal discharge, they will not be allowed to practice.
2. Avoid 3Cs (closed spaces, crowded places, and close contact) in the waiting and treatment rooms. Confirm the mobile phone number of patients just in case we need to trace them to reduce the cluster.
3. Ventilate the waiting and treatment rooms. Open the windows and doors regularly. Use a ventilating fan.
4. Measure the temperature of patients and ask them whether they have cold-like symptoms or dullness, and record them. If they have low-grade fever or any related symptoms, avoid acupuncture-moxibustion treatment. Disinfect the thermometer applied to the patients each time if it is a contact type.
5. Both practitioners and patients must wear masks during medical interviews and practice, considering there exist asymptomatic patients.
6. Practitioners must wash hands using soap or disinfect their hands using 80% alcohol before and after practice. Try to wear disposable medical gloves during practice. In this case, wash hands again after taking off the gloves.
7. Change pre-cleaned towels and linens between patients, or use disposable ones.
8. Disinfect desks, chairs, doorknobs, handrails, toilets, etc., regularly. Disinfect pillows, beds and physical therapy equipment between patients.
9. Check whether first visit-patients have underlying conditions such as chronic heart diseases, chronic pulmonary diseases, diabetes mellitus, etc. In the case of revisiting patients with such chronic diseases, the necessity of acupuncture treatment should be reviewed, and cooperate with their physicians.
10. Follow each guideline when practicing in hospitals or other medical institutes.

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Safety Committee

The Japan Society of Acupuncture and Moxibustion (JSAM)